

Required Items

1) AR-15 capable of accepting a Blank Fire Adapter

Note: AR-15 rifles must be chambered in .223/5.56x45 NATO, Gas Impingement system only, have an **A2 Cage Flash Hider** & have 4 inches of exposed barrel to affix the MILES SAT. We can provide a loaner rifle if needed.



We provide all blank ammunition, magazines & blank adapters. Please do not bring any of your own to us.

2) ACU Cut Uniform: 1 set Multi-cam & 1 set Woodland

(That is the minimum, we recommend have 2 sets of each.)

Note: We use two uniforms to distinguish the two opposing sides. During intense firefights fratricide incidents are compounded by opposing forces wearing the same camouflage patterns.

All Military Surplus uniforms should be free of any previous military unit insignia.

Personal are authorized to wear only S&S Training Solutions insignia to S&S events.

3) Knee & elbow pads or inserts

4) Two, 1 quart canteens or Camelbak & filtration device w/tabs

5) Military grade boots coyote brown: Broken in before training

6) Rifle cleaning kit

7) Eye & ear protection: Clear & shaded lenses recommended.

8) Gloves: Mechanix fast fit

9) Boonie, Patrol Cap or helmet: woodland or Multi-cam as assigned

10) Load bearing vest: (LBV) or MOLLE equal with a minimum of 4 magazine pouches

11) Paper pad & Pen: For classroom & field use.

12) Wet Weather & Cold weather gear:

Knit/Fleece Hat, Silk Neck Gator, Polypro/silk cold –weather undergarments.

12a) GORE-TEX ECWCS Jacket & Trouser:

Woodland & Multicam

13) Military Grade Lenstatic Compass:

**We have a limited number for issue

14) Rucksack Alice/MOLLE II/ ILBE or similar

2 quart canteen attached & Entrenching tool with case attached

15) Military ECWS Sleep System:

Goretex & Green Patrol Bag in hot weather, Goretex, Green Patrol Bag & Black Sleep bag in Cold Weather.

No exceptions to the Military ECWS Sleep System

16) Hygiene Kit:

Baby wipes, soap, hand sanitizer, tooth brush & paste, etc

17) Folding knife & multi -tool: Gerber, Leatherman etc.

All sensitive items should be tied down to your load bearing equipment with 550 paracord prior to training.

These items include canteens, radios, compasses, optics or any other high-speed, expensive gear you don't want to lose in the field.

Camp items to bring:

18.) Camp chair or stool- Color Earth tone

19.) GI Issue Foam/Air Mattress: These items will make your night on a cot even more comfortable.

20.) *Prescription meds: Rescue inhalers, epinephrine, chronic condition meds etc.*

21.) Sunblock/Bug spray:

**Note on use of Permethrin: Garments should be pretreated at a minimum of 2 hours prior to being worn. Permethrin is a Neurotoxin & will have ill effects on your health if you are exposed to it while it is wet.

22.) Brown/OD Towel: Multiple uses.

23.) Undergarments: 3 changes worth of undershirts, socks

24.) Red/white light: For tactical and camp use at night.

25.) Water Filter/Tabs: Bring both. Always have a back-up plan to resupply.

26.) Extra Rations:

Protein bars, fresh fruit, etc: High energy foods to supplement meals on the go.